

Union Station Menu March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Pork Chops w/ Roasted Zucchini & Baked Sweet Potato	3 Spaghetti Meatballs Small Salad	4 Steak Salad	5 Chicken Salad Sandwich & Sweet Potato Fries	6 Baked Tilapia w/Lemon Pepper Noodles & Brussel Sprouts	7
8	9 Baked Garlic Chicken w/Mac & Cheese & Broccoli	10 Cabbage Rolls & Mashed Potatoes	11 Chef Salad	12 Tacos W/ Black Bean Salad	13 Tuna Melt Sandwich W/Broccoli Slaw	14
15	16 Snack Bar	17 St. Patrick's Day Cabbage & Noodles, Deserts and Green Punch	18 Taco Salad	19 Baked Italian Hoagies w/ Baked Fries	20 Salmon, Quinoas and Vegetables	21
22	23 BBQ Ribs, Dijon Mashed Potatoes, Cauliflower Rice	24 Turkey Meat Loaf & Stuffing with Mixed Vegetables	25 Greek Chicken Salad	26 Buffalo Chicken Hoagie with Cole Slaw	27 Stuffed Shells with Vegan Meatballs & Small Salad	28
29	30 Baked Chicken with Roasted with Mushroom & Spinach Cauliflower Rice	31 Penne Alfredo Chicken with Roasted Asparagus				

BREAKFAST

Wednesday, March 4

French Toast
Fruit Turkey Bacon

Wednesday, March 11

Eggs in a basket with
Fruit

Wednesday, March 18

Omelets with Veggies
and Hash Browns

Wednesday, March 25

Scrambled Eggs &
Cheese with Grits